

Registration Form

40th Annual Meeting

Midwestern Conference on Health Care in the Elderly

Friday, January 26, 2018 • University Club 1360 Melrose Avenue, Iowa City, IA 52246

PLEASE PRINT CLEARLY

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FOR OFFICE USE ONLY PN 167971

AMA PRA Category 1 Credits™ _____ CEUs _____ Date _____

Registration Fees

Physicians @ \$150 \$ _____

Nurses, Physician Assistants, and Allied Health Care Professionals @ \$75 \$ _____

Health Science Students @ \$40 \$ _____

Method of Payment

Enclosed is a check made payable to
The University of Iowa in the amount of : \$ _____

Please charge my: VISA MasterCard Discover


Cardholder Name _____


Account # _____ 3-digit verification code _____


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Four Ways to Register

RETURN THIS FORM BY MAIL TO:
Continuing Medical Education Division
University of Iowa Carver College of Medicine
100 Medicine Administration Building
Iowa City, Iowa 52242-1101

 PHONE (319) 335-8599

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 Secure ONLINE REGISTRATION is now available on the CME Web site at
<http://www.medicine.uiowa.edu/cme> and click on Upcoming Programs.

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Midwestern Conference on
Health Care
in the **Elderly**
Friday, January 26, 2018



CONTINUING MEDICAL EDUCATION DIVISION
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40th Annual Meeting

Midwestern Conference on Health Care in the Elderly



A Case Study
in Geriatric
Mental Health

Friday, January 26, 2018
University Club
1360 Melrose Avenue
Iowa City, IA 52246

C
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CONTINUING
MEDICAL
EDUCATION

Provided by The University of Iowa Roy J. and Lucille A. Carver College of Medicine, the Departments of Family Medicine and Internal Medicine, and the Interprofessional Strategic Healthcare Alliance for Rural Education (ISHARE). ISHARE is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number 1 U1QHP28731-01-00, in cooperation with the University of Iowa College of Nursing.

Program Agenda

A Case Study in Geriatrics

- 7:30 Registration and Continental Breakfast
- 8:00 Welcome and Introduction **John Rachow, MD, PhD**
- 8:15 The Case of Mel N. Collie **Scott Larson, MD**
- 8:30 Assessment of Geriatric Depression **Susan Duffy, MD**
- 9:30 Pharmacologic Interventions for Depression **Jeffrey Reist, PharmD, BCPS and Danielle Larson, PharmD**
- 10:15 Break
- 10:30 Post Traumatic Stress Disorder **Carissa Gehl, PhD**
- 11:20 Growing Older with Mental Illness **Kelly Lamb, MPH**
- 12:00 Lunch
- 12:50 Case Update on Mel N. Collie **Scott Larson, MD**
- 12:55 **Iowa's System for Mental Health Care. Panelists: Paul Mulhausen, MD; Colleen Brems, ARNP; Alison Lynch, MD. Moderator: Richard Dobyns, MD**
- 1:50 Suicide Prevention **Alison Lynch, MD**
- 2:30 Prescribing Anxiolytics for Older Adults, or Not: Point/Counterpoint **Kevin Schleich, PharmD and Chad Triplett, PharmD**
- 3:00 Break

Breakout Sessions

	Allied Health Care Professionals	Physicians
3:15	Introduction to Dialectical Behavior Therapy (DBT) James Burkhalter, MSW	Teasing Apart Depression, Dementia, and Delirium Nicholas Butler, MD
3:55	Depression in the Nursing Facility Marianne Smith, PhD, RN	Improving Mental Health Care in Nursing Facilities Margo Schilling, MD and Victoria Linares, MD
4:40	Case Review of Mel N. Collie Scott Larson, MD	
4:50	Wrap-up John Rachow MD, PhD	
4:55	Adjourn	

Determination of educational content for this program and the selection of speakers are responsibilities of the program director. Firms providing financial support did not have input in these areas.

General Information

Location

The conference will be held at the University Club, 1360 Melrose Avenue, Iowa City, Iowa, 52246. Free parking is available in front of the University Club.

Registration Fees

The fee is \$150 for physicians and \$75 for nurses and allied health professionals. Students in the health sciences may register for a fee of \$40. This fee includes registration, tuition, instruction and educational materials, CME and CEU recording, continental breakfasts, refreshment breaks, and lunch.

Refund

All but \$25 of the fee is refundable if inability to attend is made known on or before January 19, 2018.

Credit

The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Physicians: The University of Iowa Carver College of Medicine designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: This program is offered in cooperation with the University of Iowa College of Nursing, an Iowa Board of Nursing Provider, number 1. This is a 7.25 contact-hour program. Program number 18 026 93.

Social Workers: Full-time attendance at this session is intended to meet the requirements for 7.25 hours of social work continuing education.

Disability Statement

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Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Continuing Medical Education Division in advance at 319-335-8599.

DISCLOSURE POLICY: Everyone in a position to control the content of this educational activity will disclose to the CME provider and to attendees all relevant financial relationships with any commercial interest.

Purpose

Designed for primary care physicians, nurses, social workers, and other healthcare professionals, this conference instructs participants in the diagnosis, treatment, and management of conditions common in older adults. **This year's program focuses on a case study based on mental health concerns in geriatrics.**

Objectives

Upon completion of this program the learner should be able to:

- Discuss the impact of and how to assess depression in older adults.
- Review medication choice and management issues in treating geriatric depression.
- Identify symptoms of Post-Traumatic Stress Disorder (PTSD) and the most effective therapeutic interventions for PTSD in older adults.
- Explore issues around growing older with mental illness.
- Summarize the strengths and areas of **need in Iowa's mental health care system.**
- Evaluate suicide risk and prevention approaches in older adults.
- List the pros and cons of prescribing anxiolytics to older adults.
- Explain the outpatient medical work-up to differentiate between depression, dementia, and delirium in geriatric patients.
- Identify strategies to improve mental health care for patients in long term care settings.
- Describe the fundamentals of dialectical behavior therapy (DBT).
- Discuss how long term care staff can identify and manage depression in nursing facilities.

Planning Committee

Gerald Jogerst, MD, Course Director
Jeanette Daly, RN, PhD
Margo Schilling, MD
Gretchen Schmuck, MSW
Jason Wilbur, MD

Program Faculty

University of Iowa Faculty

Scott Larson, MD
Assistant Professor, Family Medicine

Susan Duffy, MD
Assistant Professor, Psychiatry

Alison Lynch, MD
Professor, Psychiatry and Family Medicine

Colleen Brems, ARNP
Nurse Practitioner, Psychiatry

Richard Dobyns, MD
Professor, Family Medicine

Nicholas Butler, MD, MBA
Assistant Professor, Family Medicine

Jeffrey Reist, PharmD, BCPS
Associate Professor, College of Pharmacy

Victoria Linares, MD
Geriatric Fellow, Family Medicine

Margo Schilling, MD
Professor, Internal Medicine

James Burkhalter, MSW, LISW
Director DBT, Psychiatry

Marianne Smith, PhD, RN
Associate Professor, College of Nursing

Kevin Schleich, PharmD
Pharmacy Specialist, Family Medicine

Chad Triplett, PharmD
Pharmacy Specialist, Family Medicine

John Rachow, PhD, MD
Assistant Professor, Internal Medicine

Guest Faculty

Carissa Gehl, PhD
Neuropsychologist
Iowa City VA Health Care System

Kelly Lamb, MPH
Director, Pathways Adult Day Health Center, Abbe Inc.

Paul Mulhausen, MD, FACP, AGSF
Chief Medical Officer, Telligen

Danielle Larson, PharmD
Pharmacy Resident, Northeast Iowa Medical Education Foundation